

### 32nd Pentyrch Hill Race – provisional results

Tuesday, April 24<sup>th</sup>, 2018

Horrible conditions, cold rain with wind plus mist on the top of the Garth Hill

Pos	No	Time	Name	Club	Age Gr							
1	53	49:00	Oliver Williams	White Rock Runners	SM		39	112	60:37	Niki Morgan	Mynyddwyr Du	W50
2	105	50:22	James Elgar	Micky Morris RT	SM		40	156	61:20	Alex Hannah	Mynyddwyr de Cymru	SM
3	133	50:37	Martyn Driscoll	Mynyddwyr de Cymru	SM		41	139	61:21	Huw Pullen	Unattached	M40
4	25	50:50	Neil Jones	Pontyclun Road Runners	M40		42	94	61:46	Dave Mathews	Penarth & Dinas Runners	SM
5	114	51:22	David Penney	unattached	SM		43	63	61:52	James Littlewood	Ogmore Phoenix Runners	SM
6	95	51:22	Thomas Burden	Unattached	SM		44	58	61:55	Ellie Lacey	San Domenico RC	SW
7	145	51:32	Matthew Collins	Micky Morris RT	SM		45	31	62:00	Alan Matthews	Dragons RC	M55
8	140	53:25	George Amos	Unattached	M45		46	64	62:04	Bob Watson	Lliswerry Runners	M45
9	124	53:38	Hopcyn Matthews	Cardiff Triathletes	SM		47	74	62:10	Jonathan Campbell	Mynyddwyr de Cymru	SM
10	85	54:09	Gary Brown	Penarth & Dinas Runners	SM		48	125	62:12	Ben Littlejohns	Unattached	SM
11	48	54:22	Gareth Medd	Pontyclun Road Runners	SM		49	130	62:15	Eifion Roberts	Unattached	SM
12	119	54:26	Donovan Williams-Hale	unattached	JM		50	129	62:15	Laura Cronk	Pontypridd Roadents	SW
13	1	54:29	Gethin Powell	Pontypridd Roadents	SM		51	116	62:22	Tom Ferguson	unattached	SM
14	158	54:40	Alec Care	San Domenico RC	SM		52	10	62:38	Stephanie Davies	Pontypridd Roadents	SW
15	60	54:48	James Williams	Unattached	SM		53	155	62:39	Andrew Smith	Pontypool	M40
16	68	54:54	Ceri Tapper	Pontypridd Roadents	M45		54	11	62:49	Martin Slucutt	Swansea Harriers	M40
17	29	54:57	Adam Payne	unattached	SM		55	43	62:54	Mike Parfitt	unattached	M50
18	120	55:01	Ian Holmes	unattached	SM		56	121	63:06	Christian Lloyd	unattached	M40
19	49	55:10	Daniel Thrift	Caerphilly Runners	SM		57	19	63:25	Darren Shaw	Unattached	M40
20	152	55:10	Matthew Whipple	Unattached	SM		58	18	63:29	David Place	Unattached	M50
21	150	55:16	Andrew Jones	Unattached	M40		59	27	63:47	Andrew Ellison	Unattached	SM
22	26	55:58	Jamie Vanstone	Ogmore Phoenix Runners	SM		60	89	63:52	Rhyddian John	Pontyclun Road Runners	M40
23	151	56:09	Steve Duffin	Unattached	SM		61	71	64:01	Stacie Marks	St Austell R C	SW
24	24	56:17	Chris Medcalf	San Domenico RC	M40		62	106	64:46	Bob Salter	Unattached	M60
25	57	56:23	Jamie Westcombe	Unattached	SM		63	54	64:54	Simeon Slinn	Unattached	SM
26	98	57:02	Patrick Tudor	Unattached	SM		64	62	65:02	Simon Williamson	Penarth & Dinas Runners	M55
27	12	57:36	Ian Ogilvie	Brackla Harriers	M50		65	23	65:06	Cath Tailby	Penarth & Dinas Runners	W45
28	81	58:03	Richard Cronin	Mynyddwyr de Cymru	SM		66	77	65:17	Kelly Wall	Islwyn RC	SW
29	115	59:06	Harry Vercoe	unattached	SM		67	73	65:18	Meshari Alsaeed	Mynyddwyr de Cymru	SM
30	93	59:16	Mal Evans	Unattached	M50		68	<b>66</b>	65:23	Aileen Lyons	Les Croupiers RC	SW
31	157	59:18	Mark Buxton	Mynyddwyr de Cymru	SM		69	76	65:25	Paul Harvey	Pontypridd Roadents	SM
32	82	59:27	Stuart Edgar	Cardiff Triathletes	SM		70	110	65:34	Neil Grant	Chepstow Harriers	M65
33	50	59:33	Daniel Taylor	White Rock Runners	SM		71	102	65:36	Nathaniel Palmer	Les Croupiers RC	M45
34	65	59:48	Ceri Shave	unattached	SM		72	70	65:37	Simon Stokes	White Rock Runners	SM
35	46	59:49	Nathaniel Swain	Mynyddwyr de Cymru	SM		73	55	65:38	Christine Farr	Mynyddwyr de Cymru	W40
36	56	59:50	Gareth Ahearne	Unattached	SM		74	36	65:39	Mark Regan	Unattached	SM
37	117	59:56	Gary Davies	Les Croupiers RC	M40		75	84	65:42	Michael Bunston	Islwyn RC	M45
38	153	60:01	Richard Howells	Unattached	SM		76	83	66:11	Liz May	Pontypridd Roadents	W40
							77	44	66:31	Chris Panes	Roberttown Road Runners	M50

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78	69	66:33	Megan Poulson	San Domenico RC	SW	121	16	75:48	Juliette Amner	Ogmore Phoenix Runners	W55
79	104	66:38	Emma Battensby	Mynyddwyr de Cymru	SW	122	42	75:53	David Sheard	Ogmore Phoenix Runners	M50
80	14	66:42	Mike Smith	Unattached	M40	123	141	76:17	Peter Jenkins	Unattached	SM
81	79	66:52	Karen Hackwell	unattached	W45	124	17	76:30	Liam O'Brien	Pontypridd Roadents	M40
82	148	66:53	Dan Jones	Brackla Harriers	SM	125	15	77:21	Hannah Withers	San Domenico RC	W40
83	40	66:59	Sam Larkins	unattached	SM	126	59	77:41	Jon Reynolds	Unattached	SM
84	78	67:01	Steven Burnett	unattached	SM	127	143	77:57	Duncan Hardie	Unattached	SM
85	92	67:06	Hannah Knight	Unattached	SW	128	5	79:15	Tim Gibbs	Unattached	SM
86	144	67:17	Adam Thomas	Pontyclun Road Runners	SM	129	101	80:23	Richard Hext	Roberttown Road Runners	SM
87	91	67:24	Liz Merrifield	Unattached	SW	130	4	80:59	Richard Lowcock James	Ogmore Phoenix Runners	M40
88	122	67:24	Lucy Allen	San Domenico RC	SW	131	128	81:13	Fiona Drysdale	Ogmore Phoenix Runners	W45
89	136	67:30	Hywel Williams	Caerphilly Runners	SM	132	39	81:13	Tony Goddard	unattached	M50
90	109	67:33	Mick Tabor	Les Croupiers RC	M65	133	100	81:21	Howard Jones	Brackla Harriers	M60
91	96	67:38	Stefan Murfes	Unattached	SM	134	28	81:58	Andy Rees	unattached	M60
92	72	67:59	Richard Ashton	White Rock Runners	SM	135	86	82:52	Yvonne Williams	Penarth & Dinas Runners	W60
93	45	68:17	Heledd Roberts	San Domenico RC	SW	136	32	82:52	Alun Jones	unattached	M50
94	113	68:55	Stuart Duncan	Chepstow Harriers	M55	137	52	83:05	Andrew Homer	Unattached	SM
95	126	69:03	Susan Bowes	Les Croupiers RC	W40	138	131	83:14	Norman Jones	Unattached	M55
96	75	69:54	Kerry Price	Islwyn RC	M60	139	35	84:23	Mark Rogers	Unattached	SM
97	8	70:46	Mike Donnelly	Pontyclun Road Runners	M45	140	33	84:25	Ron Godfrey	unattached	M55
98	87	70:55	Julie Scholey	Les Croupiers RC	W55	141	67	84:29	Phil Allen	Pegasus RC	M55
99	7	70:56	Gary John	Les Croupiers RC	M60	142	41	85:18	Emma Loyns	Ogmore Phoenix Runners	SW
100	142	71:07	Kat Hunter	Unattached	SW	143	30	85:58	Michael James	Unattached	M55
101	90	71:12	David Webb	Unattached	M40	144	20	86:02	Graeme Donnan	Les Croupiers RC	M60
102	13	71:27	Peter Dorrington	Unattached	SM	145	21	87:32	Lucy McCobb	Pontyclun Road Runners	W40
103	88	71:44	Gareth Davies	Penarth & Dinas Runners	M40	146	22	87:39	Katie Mortimer-Jones	Pontyclun Road Runners	W40
104	123	71:53	Carys Durie	Carduro	SW	147	147	90:54	Jane Petterson	White Rock Runners	W50
105	146	72:06	Stephen Wood	Pegasus RC	M40	148	138	90:54	Sandra Jones	White Rock Runners	W55
106	80	72:19	Neill Parker	Islwyn RC	M50	149	134	90:54	Jill Hancock	White Rock Runners	W50
107	2	72:32	Glyn Hicks	Roberttown Road Runners	M65	150	107	94:11	Mandy Thomas-Gulliford	Pontyclun Road Runners	W40
108	34	72:35	Hefin Gruffydd	Pontypridd Roadents	M55	151	127	94:57	Sarah Sheppard	Pontyclun Road Runners	SW
109	99	73:02	Phil Hodge	Unattached	M50	152	6	95:58	Jane Llewellyn	Unattached	W60
110	9	73:15	Gideon Jones	Unattached	M55	153	37	96:35	Josef Konderla	Unattached	SM
111	103	73:37	Jonathon Humphreys	Unattached	SM	154	38	102:48	Peter Dickson	Unattached	M60
112	47	73:42	Ray Davies	Aberdare Valley AAC	M55	dnf	108		Celione Gulliford	Pontyclun Road Runners	SW
113	132	73:44	Jon Williams	Unattached	M45	dnf	118		David Lawson	Mynyddwyr de Cymru	SM
114	61	74:04	Iwan Jeffreys	Unattached	M45	dnf	135		Ryan Lambeth	Islwyn RC	JM
115	111	74:13	James Braun	Unattached	M45	dnf	149		William Snowdon	Cardiff Triathletes	M60
116	97	74:14	Peter Morfey	Cardiff Harlequins	M60						
117	51	74:20	Matthew Rodd	Unattached	M45						
118	3	75:13	Nick Harris	Ogmore Phoenix Runners	SM						
119	137	75:26	Jen Williams	Caerphilly Runners	SW						
120	154	75:37	Rachel Garside	Unattached	W45						