

Please note that ALL competitors in this race must have reached their 18th birthday by January 1st, 2019.

This is the Hill Race entry form.

There is a separate entry form for the South Wales Regional Championships.

Please complete this form. It would be appreciated if you would PRINT legibly!!

Name:

Race Number:

(issued on the night at the event)

Date of Birth:

Unattached (not a club member)?

Yes / No

Welsh Athletics/UKA Registration number:
(if you are a registered athlete)

Club Name:
(if you are a registered athlete)

AGE GROUP – Please circle your age group

WOMEN:	WU20	WSEN [W20-39]	W40 [W40-44]	W45 [W45-49]	W50 [W50-54]	W55 [W55-59]	W60 [W60-64]	W65+
MEN	MU20	MSEN [M20-39]	M40 [M40-44]	M45 [M45-49]	M50 [M50-54]	M55 [M55-59]	M60 [M60-64]	M65+

Email Address (optional):

Emergency Tel.

Car Registration number

- I accept the hazards inherent in hill running and acknowledge that I am entering and running this race at my own risk.
- I confirm that I am aware of the rules imposed on me by the Race Organiser and that I will comply with them.
- I confirm that I have read and will comply with the 'Fell Running – Requirements for Runners'.
- I acknowledge and agree that I am responsible for determining whether I have the skills, equipment and fitness to participate in this event.
- I accept that neither the Race Organiser nor the Fell Runners Association nor UK Athletics shall be liable to me for any injury, loss or damage of any nature to me or my property arising out of my participation in this race (other than death or personal injury as a result of their negligence).
- I accept that the Race Organiser may use photographic or video equipment for the purpose of monitoring the race and in any event report or publicity.
- I understand that my information will be stored by the Race Organiser until after next year's event and then deleted.

Signature of competitor: