

# The Holy Eucharist



# Y Cymun Bendigaid

*The Parish of Pentyrch and Capel Llanilltern*

*A very warm welcome to you all!*

*Below are some prayers  
you may find helpful as you prepare for the service.*

Lord Christ, who said, 'Do this in remembrance of me', help us at every communion service to look back, and remember your death for us on the cross; to look up, and know that you are the risen saviour among us; to look around, and rejoice in our fellowship with one another; and to look forward in hope to the coming of your kingdom and the heavenly banquet. For your name's sake. Amen.

O God, who in this wonderful Sacrament has left us a memorial of your Passion: grant us, so to venerate the sacred mysteries of your Body and Blood, that we may ever perceive within ourselves the fruit of your Redemption. Who lives and reigns forever and ever. Amen.

**Anima Christi**

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within your wounds conceal me.  
Do not permit me to be parted from you.  
From the evil foe protect me.  
At the hour of my death call me.  
And bid me come to you,  
to praise you with all your saints  
for ever and ever. Amen.

# The Gathering

[Stand]

*A hymn may be sung*

In the name of the Father, and of the Son, and of the Holy Spirit.  
**Amen.**

Grace and peace be with you  
**and keep you in the love of Christ.**

*Or in Eastertide:*

Alleluia! Christ is risen.

**He is risen indeed. Alleluia!**

[Sit/kneel]

**Father of glory, holy and eternal,  
look upon us now in power and mercy.  
May your strength overcome our weakness,  
your radiance transform our blindness,  
and your Spirit draw us to that love  
shown and offered to us by your Son,  
our Saviour Jesus Christ. Amen.**

**Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.**

*Or*

Kyrie eleison	<b>Kyrie eleison</b>
Christe eleison	<b>Christe eleison</b>
Kyrie eleison	<b>Kyrie eleison</b>

*Silence*

**Heavenly Father,  
we have sinned in thought, word and deed,  
and have failed to do what we ought to have done.  
We are sorry and truly repent.  
For the sake of your Son Jesus Christ who died for us,  
forgive us all that is past and lead us in his way  
to walk as children of light. Amen.**

Almighty God, who forgives all who truly repent,  
have mercy on you and set you free from sin,  
strengthen you in goodness and keep you in eternal life;  
through Jesus Christ our Lord. **Amen.**

*The Gloria is omitted in Advent and Lent.*

*[Stand]*

## **GLORIA IN EXCELSIS**

**Glory in the highest to the God of heaven  
Peace to all your people through the earth be given;  
mighty God and Father, thanks and praise we bring,  
singing alleluias to our heavenly king.  
Jesus Christ is risen, God the Father's son:  
with the Holy Spirit, you are Lord alone.**

**Lamb once killed for sinners, all our guilt to bear,  
show us now your mercy, now receive our prayer.  
Christ the world's true Saviour, high and holy One,  
seated now and reigning from your Father's throne:  
Lord and God we praise you; highest heaven adores;  
In the Father's glory, all the praise be yours.**

*Or*

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
Almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,**

**you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen.**

*Remain standing for:*

**THE COLLECT OF THE DAY** (*usually on the pew leaflet*)

The Lord be with you.     **And also with you.**

Let us pray.

## **The Proclamation of the Word**

*The congregation will usually sit for the readings and psalm or gradual hymn, and stand for the Gospel.*

### **THE SERMON**

*[Sit]*

*A few moments of silence will follow the sermon.*

### **AN AFFIRMATION OF THE FAITH**

*[Stand]*

### **THE NICENE CREED**

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,**

**of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven;  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

## **The Intercessions**

*[Sit/Kneel]*

*The response during the intercessions will typically be:*

Lord in your mercy

**Hear our prayer**

*The intercessions will end with:*

Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ. Amen.**

## The Peace

[Stand]

The peace of the Lord be with you always.  
**And also with you.**

*A sign of peace may be exchanged.*

*A hymn may be sung.*

## The Thanksgiving

*The priest taking the bread and the cup praises God:*

Blessed are you, Lord, God of all creation.  
Thanks to your goodness this bread we offer,  
Fruit of the earth, work of our hands,  
It will become the bread of life.

**Blessed be God, blessed be God,  
blessed be God for ever, Amen.  
Blessed be God, blessed be God,  
blessed be God for ever, Amen.**

Blessed are you, Lord, God of all creation.  
Thanks to your goodness this wine we offer,  
Fruit of the earth, work of our hands,  
It will become the cup of life.

**Blessed be God, blessed be God,  
blessed be God for ever, Amen.  
Blessed be God, blessed be God,  
blessed be God for ever, Amen.**

*Or*

We celebrate together the gifts and grace of God.  
**We take this bread,  
we take this wine  
to follow Christ's example  
and obey his command.**

The Lord be with you.      Or      The Lord is here.  
**And also with you                      His spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

It is indeed right,  
it is our duty and our joy  
at all times and in all places to give you thanks and praise,  
holy Father, heavenly King, almighty, everlasting God,  
through Jesus Christ your only Son our Lord.

*The following is omitted when a proper preface is used.*

He is your eternal Word:  
through him you created the universe  
and formed us men and women in your own image.  
You sent him to be our Saviour,  
born of Mary through the power of the Spirit.  
Upon the cross he opened wide his arms of mercy,  
embracing us in perfect love,  
destroying the power of evil, suffering and death.  
On the first day of the week you raised him from the dead  
and opened to us the gate of everlasting life.  
Through him you have given us your holy and life-giving Spirit,  
and made us your own sons and daughters.

Therefore with angels and archangels  
and with all the company of heaven  
we proclaim your great and glorious name,  
for ever praising you and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**



*[Sit/kneel]*

Hear us, heavenly Father,  
through Jesus Christ your Son our Lord.  
Through him accept our sacrifice of praise,  
and grant that, by the power of your Spirit,  
these gifts of bread and wine may be for us his body and his blood;  
who in the same night that he was betrayed  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying,  
Take, eat; this is my body which is given for you:  
Do this in remembrance of me.  
In the same way, after supper,  
he took the cup and gave you thanks;  
he gave it to them, saying,  
Drink from this, all of you;  
for this is my blood of the new covenant  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Let us proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come in glory.**

Therefore, Father,  
remembering the saving death and resurrection of your Son  
we offer to you in thanksgiving this bread and this cup,  
your gifts to us,  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send your Holy Spirit upon all of us  
who share this bread and this cup.  
Strengthen our faith, make us one  
and welcome us and all your people into the glorious kingdom of  
your Son.

Through him, with him, in him,  
in the unity of the Holy Spirit  
all honour and glory are yours, almighty Father,  
for ever and ever.

**Amen.**

*Silence*

As our Saviour taught us, we boldly pray:

**Our Father who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **The Communion**

*The priest breaks the bread.*

We break this bread to share in the body of Christ.

**Though we are many, we are one body  
for we all share in one bread.**

*Either*

**Jesus, Lamb of God: have mercy on us.  
Jesus, bearer of our sins: have mercy on us.  
Jesus, redeemer of the world: give us your peace.**

*Or*

**Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
grant us peace.**

*The priest invites the people with the following words:*

God's holy gifts for God's holy people.

**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*Or*

Jesus is the Lamb of God  
who takes away the sins of the world.  
Happy are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*Or in Eastertide*

Alleluia! Christ our passover is sacrificed for us.  
**Therefore let us keep the feast. Alleluia!**

*All are welcome to the altar to receive the blessed sacrament or a blessing as you wish.*

*A hymn or anthem may be sung during the administration of communion.*

## **The Sending Out**

Give thanks to the Lord for he is gracious:  
**his love is everlasting.**

**Generous God,  
you have fed us at your heavenly table.  
Kindle us with the fire of your Spirit  
that when the Lord comes again  
we may shine as lights before him,  
who is alive and reigns  
in glory for ever. Amen.**

*Or*

**God of truth,  
we have seen with our eyes  
and touched with our hands the bread of life.  
Strengthen our faith  
that we may grow in love for you  
and for each other,  
through Jesus Christ, our risen Lord. Amen.**

The Lord be with you.  
**And also with you.**

*An appropriate dismissal may be added*

*The final hymn may be sung.*

*[Stand]*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*Or in Eastertide:*

Go in peace to love and serve the Lord. Alleluia! Alleluia!  
**In the name of Christ. Alleluia! Alleluia!**

Pentyrch website address – [www.parishofpentyrch.org.uk](http://www.parishofpentyrch.org.uk)

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